

# What's Happening?

May 2026

## Dear Community Members:

We are delighted to bring you the 8<sup>th</sup> Edition of the Rat River Health Council 2008 Inc. (RRHC) E Newsletter. RRHC was established in 1994 by the community and for the community to pursue quality healthcare services. We proudly support and promote services provided by the De Salaberry District Health Centre, as well as those by private and non-profit organizations within the RM of De Salaberry, the Village of St-Pierre-Jolys and the RM of Ritchot.



## FROM THE ST-PIERRE MEDICAL CLINIC

**About measles vaccines:** Did you know that vaccines are free? They are generally for those who are born during or after 1985 who haven't received two doses. In addition to medical clinics, you can see a pharmacist as they are authorized to vaccinate individuals from 2 to 19 years of age.

If you desperately need a same-day appointment and can't get one with us:

- [CLICK HERE FOR MORE OPTIONS.](#)



- **Medinav:** is an online app that allows you to book your own appointments at the Quick Care Clinic in Steinbach. For more information: <https://www.medinav.ca/> or to <https://southernhealth.ca/find-us/clinics/quickcare-clinic/>

## Rat River Health Council 2008 Inc. Monthly Meeting Highlights

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## Ongoing Board Recruitment and Rural Week

Our Transition Board is busy meeting with the organizational members of our new Board, sector by sector. Recruitment is progressing with a first meeting being planned soon. We are encouraged by the enthusiasm, Thank you.



Rural Week will soon be here ... end of May and beginning of June. This is when we get to introduce medical students to our communities and hope that they will return to practice. This year we will be welcoming two 1st year students studying in Manitoba and two students studying in Ottawa.

## Community Engagement

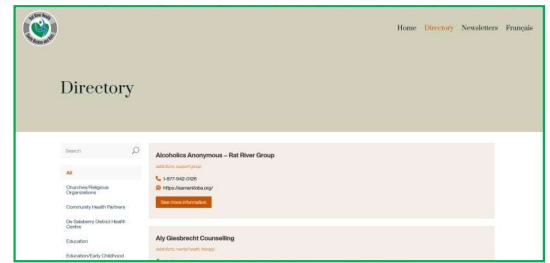


The 3rd year nursing students' 2nd term project was informed by their work done in their 1st term, which is the development of a proposed Resource Navigator role: a non-clinical, community-based intervention designed to "reduce access friction, coordinate warm handoffs, and improve continuity of care." Simply put, the Navigator is someone who helps residents find the resources that best meet their needs, in order to get or stay healthy. We hope to have the funds in place soon to implement this new service for the benefit of our residents.

## DID YOU KNOW?

We encourage you to visit our on-line directory of health and wellness services. The goal is to provide easy access to services that are often unknown or not recognized as part of the system that helps keep us healthy. If you see any errors or omissions, please email us and we will gladly update.

GO TO <https://service.ratriverhealth.ca>



## DIRECTORY FEATURE

Yes, there is a university in our region! Providence University College and Theological Seminary is a 100-acre main campus in Otterburne. It is a leading Christian university where you can gain the skillsets and educational tools needed for a meaningful career! Between 1912 and 1954 it was an orphanage for boys. From 1954 to 1967, the Roman Catholic Church used it for a private secondary school known as St. Joseph College.



### De Salaberry and Area Stakeholders Group



#### Dr Rink is not retiring!

He is planning on staying in St-Pierre-Jolys. Southern Health—Santé Sud is planning for growth in their facility. Did you know he has been practicing here for 47 years!!!  
**THANK YOU DR RINK**

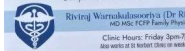
### Highlights of April Meeting

**Local:** Getting back our 'H' looking positive \* Our municipalities share their growth and housing opportunities \* Nursing vacancies low in hospital, and none in Repos Jolys. \* Emergency Department stats: January 583; February 524; March 621; some hours closed due to over capacity. \* Addition of two new Patient Safety Officers \* Interpreter services available at St Pierre Medical Clinic. \* Recruitment ongoing for De Salaberry District Health Centre with particular focus on bilingual opportunities.

**Regional:** Creating Connections in our Communities gave 124 grants to empower individuals and communities to take an active role in their well-being \* Donations have resulted in new Video Fluoroscopy for Rehab Services to evaluate individual's swallowing capabilities in real time. \* Rural Week helps with future recruitment opportunities by highlighting the great benefits of rural medicine. \* Personal Care Homes giving spring Covid vaccines; updated application process and assessments.

**Provincial:** Manitoba Mental Health and Addictions Connect is one access point to community-based mental health for children and youth (adults soon) \* Continuous efforts to increase vaccination rates \* Hospital beds full across the province. \* Manitoba is expanding its Electronic Patient Record (EPR) system to modernize, digitize, connect patient information in hospitals.

## More Community News



News from Southern Health RHA  
**Emergency Room Updates:** <https://southernhealth.ca/emergency-schedules/>

## Social Prescribing Program

Social Prescribing can take various forms, but all involve connecting a patient based on their individual needs, to resources in their community. For example, a physician or nurse practitioner (and others) make a referral to the local Senior Resource Coordinator who will work with the client to identify community-based programs or services that can improve the client's social connections, health and well-being.  
**ASK ABOUT IT AND EXPERIENCE THE BENEFITS!**



[Healthy Living Community Updates and Grants](#)

Look for the WALKING IS MEDICINE banners in the 5 pharmacies in our region: Ile des Chênes, St Adolphe, Ste Agathe, St Malo and St-Pierre-Jolys. Thank you to the pharmacists for helping to promote a healthy activity. Prevention at its best!

Spread the word. To register for our ENewsletter: [info@riverhealth.ca](mailto:info@riverhealth.ca)

